"What's Your Gut Telling You?"

The 100 trillion intestinal bacteria that live in our GI tract, which possess more DNA and cells than seen in our body are a hidden factory producing chemicals that circulate in our blood effect the brain and body metabolism. An unhealthy Western diet and high usage of unnecessary antibiotics has created a medical condition known as "dysbiosis", or abnormal microbial patterns in the intestine.

Millions of Americans are impacted by dysbiosis, which include diseases such as chronic gastrointestinal disease, allergic disorders like asthma, irritable bowel syndrome, ulcerative colitis and Crohn's disease, fatty liver, metabolic syndrome, type 2 diabetes, Clostridium difficile infection (CDI), chronic neurologic disorders like Parkinson's and multiple sclerosis and even obesity.

Drs. Utay and Snyder will discuss some of the fascinating research being done, current clinical trials and practical applications that are on the horizon. A question and answer session will follow.



Ned Snyder, M.D., MACP, AGAF, Chief of Gastronenterology, Kelsey-Seybold Clinic, Kelsey Research Foundation Board Member

After earning his Bachelor of Arts from Yale University in 1966, Dr. Snyder went to The University of Texas Medical Branch at Galveston (UTMB) to earn his degree in medicine, which he completed in 1970. He attended The University of Michigan in Ann Arbor to complete his internship, and returned to UTMB for his residency in Internal Medicine and a fellowship in Gastroenterology.

Dr. Snyder returned to Yale in 1974 as a post-doctoral fellow in Internal Medicine at the university's medical school and served in a Hepatology fellowship. He is also a fellow in the American College of Physicians and the American Gastroenterological Association.



Netanya Utay, M.D., Kelsey Research Foundation-UTHealth Center for Microbiome Research

Dr. Utay received a Bachelor of Sciences, Molecular Biophysics and Biochemistry from Yale University and a Doctor of Medicine from Baylor College of Medicine during which time she spent one year as a Howard Hughes Medical Institute-National Institutes of Health Research Scholar. She completed her residency in Internal Medicine at the University of Washington and a fellowship in Infectious Diseases at the National Institutes of Health (NIH). Previously, Dr. Utay was an Assistant Professor in the Department of Internal Medicine, Division of Infectious Diseases at UTMB and is now Assistant Professor, Department of Internal Medicine, Division of General Medicine at UTHealth's McGovern Medical School. She is Vice Chairman of the AIDS Clinical Trials Group (ACTG) End Organ Disease/Inflammation Transformative Science Group and has an interest in the microbiome and its impact on health. Dr. Utay joined Kelsey Research Foundation in 2018.



Lunch & Learn

Brought to you by







A Conversation with

Dr. Netanya Utay, Kelsey Research Foundation - UT Health Center for Microbiome Research and Dr. Ned Snyder, Chief of Gastronenterology at Kelsey-Seybold Clinic

Kelsey-Seybold Clinic[®]

presents

"What's Your Gut Telling You?"

Wednesday, August 22, 2018 11:30 a.m. to 1 p.m.

The Health Museum

1515 Hermann Drive, Houston, TX 77004

\$ 20 per person

Includes boxed lunch, drink, Museum entry and parking

Please RSVP by Friday, August 17 by purchasing/reserving your tickets online: https://thewomensfund.org/events/whats-your-gut-telling-you/ or contact us at rsvp@thewomensfund.org or 713-623-6543.

Not interested in a boxed lunch? We will have a limited number of tickets available at no charge.