

The Women's Fund invites all Houston area, college-bound, graduating senior girls to participate in:

The 8th Annual Barbara Devetski Scholarship Essay Contest. Two winners will each receive a \$2,500 scholarship.

Adolescence is a difficult time and yet is the most influential regarding long-term health. The issues that our youth face, concerning their long-term health, include engaging in risky health behaviors, rising rates of obesity, and access to minimal healthcare or lack of health insurance. Teen pregnancies, unhealthy eating, lack of physical activity, and substance abuse are issues which girls face during their middle and high school years and even through college. These issues are even more destructive if they do not have accurate health information and do not have a safe place to talk about the consequences of such issues.

Resilient individuals can bounce back from difficult situations and overcome challenging ones.

Please submit an essay on the following topic: Resiliency

Essay prompt:

Write about a time or situation in which you were resilient. Share what you learned from your experience and how that experience has prepared you for college. Also, include what is the importance of resiliency.

Essays will be scored based on:

- •Staying on topic and the clarity of the content.
- Correct grammar and punctuation (essays with more than five errors will be disqualified).
- Proper citations of statistics, research, and articles using the Modern Language Association (MLA) Style 9th edition.
- •The ability to follow all other essay guidelines and instructions.

Guidelines:

- One essay per participant
- •Essay must be typed or legibly printed in pen.
- Essay must be doubled-spaced with a minimum of 1,000 and maximum of 1,500 words.
- For more information on MLA Style 9th Edition visit the link below:

https://owl.purdue.edu/owl/research_and_citation/mla_style/mla_formatting_and_style_guide /mla_general_format.html

- •Essay must be written in first-person point of view.
- Essay submission must include The Women's Fund's cover sheet (included here).
- •No personal information should be included on the pages of the essay— it should only be on the cover sheet.
- •The Participant Release on the cover sheet must be signed by the participant or by a parent/guardian if the participant is under 18.
- Participants submitting their essay by email must include the signed cover sheets with their essay. **Electronic signatures will not be accepted.**
- •College course enrollment must be equal to nine credit hours or more.
- •Scholarships must be collected in the 2022-2023 first year of college.

Essay may be submitted by mail or email to:

Attn: Barbara Devetski Scholarship Essay Contest The Women's Fund 5433 Westheimer, Suite 924 or Houston, TX 77056

womfund@thewomensfund.org

The deadline for submission is Saturday, April 9, 2022 by 11:59 p.m. Essay must be postmarked no later than April 9, 2022 to be considered.

Hand-delivered essays will not be accepted.

Any questions can be directed to Tawa Busari, Program Coordinator at 713-623-6543 or tawa@thewomensfund.org

Essay Cover Sheet

Name:
Age:
Address:
Email:
Home phone:
School district:
School:
Grade Level:
Participant Release
I grant The Women's Fund for Health Education and Resiliency, its employees and its representatives to take photographs of me and use my picture, name, and essay content for purposes of publicity including, but not limited to, newsletters, newspaper articles, and web content.
I have read and understand the above:
Signature
Printed name
Signature, parent or guardian (if under age 18)
Printed name, parent or guardian
Date

An essay cover sheet must be included with all essay submissions. Entries may be mailed to The Women's Fund. Participants submitting their essay by email must include a cover sheet with their essay. Electronic signatures will not be accepted. Do not fax or hand-deliver the cover sheet or essay. Only the cover sheet should contain your name, address, or any other identifying information.