



The Women's Fund invites all Houston area, college-bound, graduating senior girls to participate in:

**The 10<sup>th</sup> Annual Barbara Devetski Scholarship Essay Contest.  
Two winners will each receive a \$2,500 scholarship.**

Adolescence is a difficult time and yet is the most influential regarding long-term health. The issues that our youth face, concerning their long-term health, include engaging in risky health behaviors, rising rates of obesity, and access to minimal healthcare or lack of health insurance. Teen pregnancies, unhealthy eating, lack of physical activity, and substance abuse are issues which girls face during their middle and high school years and even through college. These issues are even more destructive if they do not have accurate health information and do not have a safe place to talk about the consequences of such issues.

Resilient individuals can bounce back from difficult situations and overcome challenging ones.

Please submit an essay on the following topic: **Resiliency**

**Essay prompt:**

Write about a time or situation in which you were resilient. Share what you learned from your experience and how that experience has prepared you for college. Also, include what is the importance of resiliency.

**Essays will be scored based on:**

- Staying on topic and the clarity of the content.
- Correct grammar and punctuation (essays with more than five errors will be disqualified).
- Proper citations of statistics, research, and articles using the Modern Language Association (MLA) Style 9<sup>th</sup> edition.
- The ability to follow all other essay guidelines and instructions.

## **Guidelines:**

- One essay per participant
- Essay must be typed or legibly printed in pen.
- Essay must be doubled-spaced with a minimum of 500 and maximum of 1,000 words.
- For more information on MLA Style 9<sup>th</sup> Edition visit the link below:  
[https://owl.purdue.edu/owl/research\\_and\\_citation/mla\\_style/mla\\_formatting\\_and\\_style\\_guide/mla\\_general\\_format.html](https://owl.purdue.edu/owl/research_and_citation/mla_style/mla_formatting_and_style_guide/mla_general_format.html)
- Essay must be written in first-person point of view.
- Essay submission must include The Women's Fund's cover sheet (included here).
- No personal information should be included on the pages of the essay— it should only be on the cover sheet.
- Participants submitting their essay by email must include the **cover sheets with their essay.**
- College course enrollment must be equal to nine credit hours or more.
- Scholarships must be collected in the 2023-2024 first year of college.

Essay may be submitted by mail or email to:

**Attn: Barbara Devetski Scholarship Essay Contest**

**The Women's Fund**

**5433 Westheimer, Suite 350  
Houston, TX 77056**

**or** [healtheducator@thewomensfund.org](mailto:healtheducator@thewomensfund.org)

**The deadline for submission is Friday, March 23<sup>rd</sup>, 2024 by 11:59 p.m.**

Essay must be postmarked no later than **March 23<sup>rd</sup>, 2024** to be considered.

**Hand-delivered essays will not be accepted.**

Any questions can be directed to Jennifer Ramirez,  
Program Coordinator at 713-623-6543 [jennifer@thewomensfund.org](mailto:jennifer@thewomensfund.org)

## Essay Cover Sheet

Name:

Age:

Address:

Email:

Home phone:

School district:

School:

Grade Level: