



## **The John P. McGovern Foundation “Champion in Women’s Health and Wellness”**

The award recognizes and celebrates individuals who as a direct provider of care are dedicated to providing exemplary and compassionate service in the field of adolescent girls’ and women’s health and wellness. In addition to providing health resources which reduce the gap in information, individuals working to promote health equity and the elimination of health disparities for women of all ages will also be taken into consideration.

Those eligible will include physicians, nurses, therapists, counselors, social workers or other health-related professionals providing direct services in the Greater Houston area.

This annual award will be given at our Rockin’ Resiliency Luncheon. Date to be announced in coming weeks.

Anyone is able to nominate a person for this award.

### Suggested Criteria:

- Impact on women and/or girls’ health practices, dissemination of health information, organizational leadership, etc.

#### *Examples:*

- o *Operates or works within a practice or clinic that focuses on women’s and/or adolescent girls in at-risk, under-served communities and/or the general population.*
- o *Volunteers time working and/or providing health and wellness information and/or services to women and adolescent girls to lead balanced healthy lives.*
- Record of patient-centered collaborations.
  - o *Works with multiple stakeholders in patient/person’s care plan including physicians and other medical professionals, mental health specialists, social workers, counselors, family members or anyone else who may be involved in that person’s care. Emphasizes a human approach to service provision taking into consideration/facets of the individual’s life and practices that affect health and wellness.*
- Demonstration of personalized, compassionate care which emphasizes the medical professional/patient relationship.
  - o *Demonstrates empathy when providing guidance and information in a tone that is compassionate as opposed to judgmental.*

- Demonstration of innovative leadership in promoting equity of health services and serving diverse populations.

#### *Example:*

- o *Service provider who recognizes and respects cultural influences and/or intellectual or language barriers to ensure a client/person has a clear understanding to make informed health decisions by adjusting, translating or simplifying information accordingly.*